



REGISTRATION FORM

Registration Time: 6:45 am - 7:45 am Race Time: 8:00 am Tot Trot 9:00 am

Registration: 5K Pre \$30/Event \$35 10K Pre \$35 / Event \$40 1M Run: Pre \$25 / Event \$30

Team Registration (6 or more) - Save \$5 per person—Online Registration ONLY

PLEASE CORRECTLY FILL IN EVERY BLANK

Date: _____ Name: _____ Age: _____

Gender*: Male Female (*Must be noted to receive race time)

Desired T-Shirt Size: YM____ S____ M____ L____ XL____ XXL____ XXXL____

Desired Team Name: _____ (if applicable)

Address: _____ City/State/Zip: _____

Email: _____

I HEREBY FOR MYSELF, MY HEIRS, EXECUTORS AND ADMINISTRATORS, WAIVE AND RELEASE ANY AND ALL RIGHTS AND CLAIMS FOR DAMAGES I MAY HAVE AGAINST SPONSORS, COORDINATING GROUPS, AND ANY INDIVIDUALS ASSOCIATED WITH THE EVENT, THEIR REPRESENTATIVES, SUCCESSORS AND ASSIGNS, AND WILL HOLD THEM HARMLESS FOR ANY AND ALL INJURIES SUFFERED IN CONNECTION WITH THIS EVENT. I ATTEST I AM PHYSICALLY FIT TO COMPETE IN THIS EVENT. FURTHER, I HEREBY GRANT PERMISSION ANY AND ALL OF THE FOREGOING TO USE MY LIKENESS IN ALL MEDIA INCLUDING PHOTOGRAPHS, PICTURES, RECORDINGS, OR ANY OTHER RECORD FOR THIS EVENT FOR ANY LEGITIMATE PURPOSE.

Signed: _____

Guardian (if under 18) _____

Checks Payable To:
Get Set Grow
Checks Mailed To:
PO Box 60, Locust Grove GA 30248

Event Location:
Academy Sports
198 S Point Blvd.
McDonough, GA 30253



Online Registration

GetSetGrow.com
(678) 492-9939